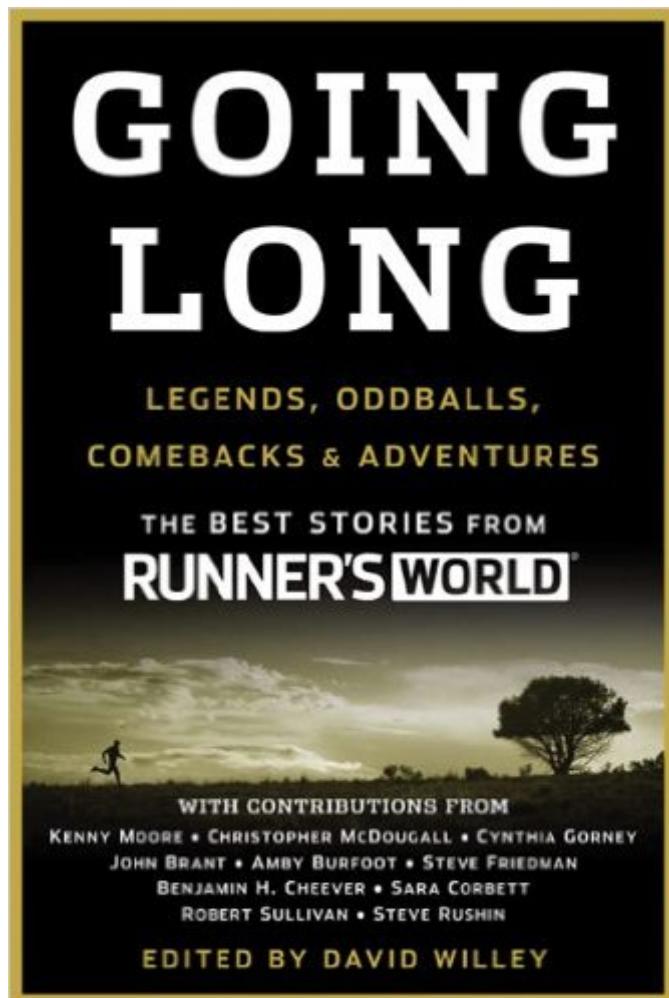


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# Going Long: Legends, Oddballs, Comebacks & Adventures



## Synopsis

For more than 40 years, Runner's World magazine has been the world's leading authority on runningâ •bringing its readers the latest running advice and some of the most compelling sports narratives ever told. From inspirational stories such as "A Second Life"(the story of Matt Long, the FDNY firefighter who learned to run again after a critical injury) to analytical essays such as "White Men Can't Run" (a look at what puts African runners at the front of the pack), the magazine captivates its readers every month. Now, for the first time, the editors of Runner's World have gathered these and other powerful tales to give readers a collection of writing that is impossible to put down. With more than 40 gripping stories, Going Long - edited by David Willey - transcends the sport of running to reach anyone with an appetite for drama, inspiration, and a glimpse into the human condition.

## Book Information

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## Customer Reviews

When people ask about what it's like to write a running column for a newspaper, I tell them that running usually has little to do with what my subjects are. I write about friendship, good causes, personal esteem, stress, and on and on. From now on, maybe I should just give them a copy of "Going Long." It's a much better illustration of the point I'm trying to make. There are a lot of great stories out there, and running only has a little to do with it."Going Long" is an anthology of articles from Runner's World. As you'd expect, the magazine has plenty of articles on how to run better or eat better. In that sense, it's a bit like Golf Digest, which in one month tells you how to cure your slice, and in the next tells you how to cure your hook. But at least once an issue, and sometimes

more, Runner's World steps up its literary game. Its feature-length articles are almost always good, and quite often memorable. The magazine has been popping up in the Best American Sports Writing series in the past few years, and deservedly so. Someone has been paying attention, it seems, and came up with the idea to do an anthology. It's long overdue. Three of the articles were the basis of a couple of my favorite books on running -- one on Bill Bowerman, one on "The Duel in the Sun" on the 1982 Boston Marathon, and the third on the legendary Mexican tribe of long-distance athletes. The original articles are here in shortened form, and remain fascinating. But there are plenty of other great stories here. I missed some of them, since I haven't been subscribing forever, and remember the others. They all hold up quite well.

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